

# Vocational Education & Training (VET)

## Pathways To **Success**

Avondale is introducing a **highly regarded** pathway for students interested in expanding employment options in the health and aged care sector.



**CHC33021 Certificate III in Individual Support (Ageing)** has a focus on **positive humanity**. This qualification focuses on people, using compassion, empathy, and the enjoyment of taking care of others.

Qualification code:

**CHC33021 Certificate III in Individual Support**

Study Mode:

**Mixed Mode**

**T**his course provides the essential skills to implement person-centred care and individualised plans that are holistic in nature for people who may require support due to ageing or disability.

Developed in consultation with industry, the Individual Support trainer will support you in the

practical skills needed to launch your career in the health and aged care sector.

Your role as a care worker will encompass technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

**Why choose Cert III  
@ Avondale University?**

- | Professional, caring, values-driven learning experiences
- | Stimulating interactive course work developed and delivered by industry-leading coaches
- | Tailored to what employers want

## THE KEY OUTCOMES YOU WILL MASTER IN THIS COURSE INCLUDE:

- Demonstrate excellent work communication
- Support the physical and emotional independence and well-being of people in care.
- Work well across diverse social and cultural groups and situations.
- Meet legal and ethical frameworks that apply to the role.
- Implement safe work practices.
- Help older people meet their goals and aspirations.

## ENTRY REQUIREMENTS

To be eligible students must:

- be over 16 years old, and
- demonstrate satisfactory levels of language, literacy and numeracy at a level 3.

## TRAINING AND ASSESSMENT

Course components include online training sessions and a range of knowledge checks to ensure you are industry-ready. Assessments include written questions, quizzes, case studies, and observations of practical skills in workplace environments. Participants will be supported by their trainer throughout their learning journey.

## COURSE DURATION AND DELIVERY

This course is delivered over 25 weeks. Class attendance is one day a week with additional self-study, assignments and practice. 120 hours of work placement is required as part of this qualification.

## COURSEWORK FEES

Please see the **Avondale website**.

## EQUIPMENT AND RESOURCE REQUIREMENTS

Avondale University will provide access to the learner guides, additional learning resources, internet access while on campus and access to a trainer. In addition to the fees, students will need:

- A working computer and internet connection (MS word)
- Uniform and enclosed shoes for work placement
- Meet work placement requirements
- Transportation to and from work placement

## UNITS OF COMPETENCY

To gain the **CHC33021 Certificate III in Individual Support (Ageing)** qualification, students must demonstrate competency in 15 units and complete 120 hours of work placement.

**CHCDIV001** Work with diverse people

**CHCLEG001** Working legally and ethically

**CHCCCS031** Provide individualised support

**CHCCCS038** Facilitate the empowerment of people receiving support

**CHCCCS041** Recognize healthy body systems

**HLTINF006** Apply basic principles and practices of infection prevention and control

**CHCCCS040** Support independence and well being

**HLTWHS002** Follow safe work practices for direct client care

**CHCAGE011** Provide support to people living with dementia

**CHCAGE013** Work effectively in aged care

**CHCPAL003** Deliver care services using a palliative approach

**CHCCCS037** Visit client residence

**CHCAGE007** Recognise and report risks of falls

**HLTHPS006** Assist clients with medication

**CHCCOM005** Communicate and work in health or community services

## WORK PLACEMENT

Work placement is a mandatory part of the course. It provides industry-based experience and practical assessment. 120 hours of work placement is required as part of this qualification.

Students will need to meet any work place requirements when completing work placement. These could include, evidence of immunisations, national police and NDIS checks. Avondale is able to assist with work placement arrangements.

## CAREER OPPORTUNITIES

- Assistant in Nursing
- Community/residential care worker
- Personal care assistant

## CURRENT INDUSTRY DEMAND

The NSW Skills List identifies that there is a skills shortage for aged care workers across NSW. With an ageing population, roles for aged and disability careers are projected to increase.

**For more information please contact:**

[study@avondale.edu.au](mailto:study@avondale.edu.au)

[individualsupport@avondale.edu.au](mailto:individualsupport@avondale.edu.au)

